



F.E.A.S.T. BIBLE STUDY METHOD

FOCUS

Open in prayer and ask God to focus your heart on Him. It is easy to bring all of life's distractions into our quiet time and we miss what the Lord has to say. Take a moment to focus on Him before you starts.

ENGAGE

How many times have you gotten through a verse and totally forgot what you read? One way to help with this is to write out the scripture as you read it.

ASSESS

It is very easy to take a verse out of context and twist the words into something that we want it to say. To truly study the Bible we must find the main idea that the author intended for the original audience.

SPARK

The Bible wasn't written to tell us what God did thousands of years ago in other people's lives, but rather to transform our lives today! Invite the Spirit into your personal study time.

TURN

Ask someone to be your prayer partner and meet with them at least one time a week to pray. This will not only deepen your prayer life but also your friendship.