



Relational Connection

- This essential reminds us to stay spiritually nourished.
- In John 15, Jesus uses the metaphor of a vine and branches to instruct His followers to abide in Him. When we stay connected to Jesus in this way, we welcome God's work in us and through us.
- Are you staying rooted in your relationship with Jesus, realizing that apart from Him you can do nothing?

Joy

- When the enemy wants to undercut our faith, he seeks to keep us mired in hopelessness and despair.
- But the joy of the Lord is like oxygen to the soul.
- How are you and your group members displaying joy in your life?

Peace

- God's desire is that we learn how to keep our lives at peace by keeping our minds and hearts fixed upon Him.
- But sometimes conflict arises.
- What are you doing to keep and maintain peace in your life and your group?

Courage

- We're growing in our spiritual maturity when we step out of our comfort zone and take faith risks as they come our way.
- God will reward your daring faith.
- What faith risks are you taking in your own life and how can you encourage group members to be courageous also?

Affirmation

- We are maturing in Christ when our thoughts towards ourselves no longer condemn.
- Rather, in our minds and hearts, we feel and know God's affirmation.
- What can you do in group to foster God's affirming voice in your life?

Alignment

- In our lives with Jesus, everything flows from our daily alignment with Christ.
- God desires us to align our lives to His.
- Where do you feel your life or the life of your group is out of alignment with the Lord?

Harmony

- Jesus simplified life by essentially saying we have two things to focus on: love God and love others!
- Ensuring our relationships are healthy is vitally important.
- How would you describe the harmony in your group?